



# Well Woman



Did you know?

**1 in 8** U.S. women will develop breast cancer in their lifetime.

**Why wait?** Get screened today!

The IL Breast & Cervical Cancer Program (IBCCP) provides FREE mammograms, Pap/HPV test for women ages 35-64.

For qualifying information, call

**1-866-590-8499.**

IBCCP is administered by the Stephenson County Health Department and funded in part by the Illinois Department of Public Health



# WISEWOMAN



**1 in 3** women die of heart disease each year.

The WISEWOMAN program can help by providing women, ages 35-64, FREE cholesterol and glucose labs, health coaching sessions, and optional memberships to WeightWatchers or TOPS.

For qualifying information,

**Call: 1-866-590-8499**